



*July 15-17, 2020
County of St. Paul*

In July of 2020, LARA is proud to be hosting a Soil Health Academy. The goal is to move beyond sustainable agriculture to regenerative agriculture. Regenerative agriculture is a system of farming principles and practices to improve all aspects of the operation from increasing biodiversity, soil health and improving water quality; increasing carbon capture, farmer profitability and resilience. The Soil Health Academy is an intense 3 day hands-on course that examines all aspects of regenerative farming and ranching, focusing on soil health, plant health and animal health.



What You Will Learn:

- 1. Principles of Soil Health & Adaptive Stewardship**
- 2. Restoring Vibrant Ecosystems Through Adaptive Grazing**
- 3. Making Grazing Highly Profitable & Desirable**
- 4. Successful Marketing: Strategies for Enhanced Net Margins**
- 5. Nutrient Management**
- 6. Designing Cover Crop Mixes**
- 7. Farm Economics and Whole Farm Planning**

So stay tuned for more information regarding this fantastic opportunity in the Lakeland. We are moving towards a world where consumers are demanding to know their food's story and that requires regenerative practices. General Mills, one of the largest food companies in North America has pledged to have their producers utilizing regenerative agriculture practices on one million acres by 2030. Take advantage of this opportunity to take your farm to the next level and learn about the benefit that regenerative agriculture can have for you.

Call Kellie Nichiporik at the LARA office for more details about this exciting event!

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